

# HANDS ON

CHIROPRACTIC & WELLNESS CLINIC

## INITIAL PATIENT DATA

(PLEASE FILL IN ALL BLANKS)

IS THIS VISIT DUE TO AN ACCIDENT? ☐ YES ☐ NO

NAME \_\_\_\_\_ DATE \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

SSN \_\_\_\_\_ DOB \_\_\_\_\_ AGE \_\_\_\_\_ GENDER M F

HOME PHONE # \_\_\_\_\_ WORK # \_\_\_\_\_ CELL # \_\_\_\_\_

OCCUPATION \_\_\_\_\_ EMPLOYER \_\_\_\_\_

DRIVER'S LICENSE # \_\_\_\_\_ STATUS M S W D

SPOUSE'S NAME \_\_\_\_\_

### IN CASE OF EMERGENCY, I REQUEST THAT YOU CONTACT:

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

### PAST MEDICAL HISTORY

(PLEASE CHECK ALL THAT APPLY)

- |  |  |
|--|--|
| <input type="checkbox"/> CANCER Type _____   | <input type="checkbox"/> ACQUIRED IMMUNE DEFICIENCY SYNDROME |
| <input type="checkbox"/> TUBERCULOSIS  | <input type="checkbox"/> HIGH BLOOD PRESSURE                 |
| <input type="checkbox"/> HEART PROBLEMS  | <input type="checkbox"/> DIGESTIVE PROBLEMS                  |
| <input type="checkbox"/> SINUS   | <input type="checkbox"/> ANEMIA                              |
| <input type="checkbox"/> SKIN LESIONS  | <input type="checkbox"/> EPILEPSY                            |
| <input type="checkbox"/> DIABETES <input type="checkbox"/> Type I <input type="checkbox"/> Type II | <input type="checkbox"/> STROKE                              |
| <input type="checkbox"/> HEPATITIS   | <input type="checkbox"/> VENEREAL DISEASE                    |
| <input type="checkbox"/> ASTHMA  | <input type="checkbox"/> PROSTATE PROBLEMS                   |
| <input type="checkbox"/> CONCUSSION  | <input type="checkbox"/> ARTHRITIS Type _____                |

DESCRIBE AND DATE ANY SURGICAL PROCEDURES \_\_\_\_\_

HAVE YOU RECEIVED TREATMENTS BY ANY PHYSICIAN THIS YEAR? ☐ YES ☐ NO

DESCRIBE REASON \_\_\_\_\_

DATE OF LAST EXAM \_\_\_\_\_ ARE YOU PREGNANT? ☐ YES ☐ NO

ARE YOU TAKING ANY MEDICATIONS? ☐ YES ☐ NO WHAT TYPE? \_\_\_\_\_

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

(IF THIS VISIT IS DUE TO AN ACCIDENT, PLEASE FILL IN ACCIDENT REPORT ON REVERSE SIDE)



## ACCIDENTAL INJURY REPORT

Date of Accident \_\_\_\_\_ Time of Accident \_\_\_\_\_ AM \_\_\_\_\_ PM

Type of Accident: ☐ Motor Vehicle ☐ Work ☐ Slip/Fall ☐ Other \_\_\_\_\_

### MOTOR VEHICLE

Type of Vehicle You Were In: ☐ Car ☐ Truck ☐ Motorcycle

You were: ☐ The Driver ☐ Passenger ☐ Pedestrian

If passenger, please mark "X" for your position in the car:

D	O
O	O

Were you injured in this accident? ☐ Yes ☐ No

Were you transported to the hospital? ☐ Yes ☐ No

Name of the hospital/facility where you were treated \_\_\_\_\_

Were other people inside your vehicle injured? ☐ Yes ☐ No

Was the vehicle you were in damaged? ☐ Yes ☐ No Area of vehicle damaged \_\_\_\_\_

Estimated cost of repair \_\_\_\_\_  
(If unknown, leave blank)

Was the accident reported to the Police Department? ☐ Yes ☐ No

Do you have a copy of the police report? ☐ Yes ☐ No

Were traffic citations issued? ☐ Yes ☐ No Who received the traffic citation(s)? ☐ You ☐ Other Driver

Were government vehicles, taxicabs, or buses involved? ☐ Yes ☐ No

Briefly describe the accident \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

### WORK-RELATED ACCIDENT

Employer \_\_\_\_\_

Address \_\_\_\_\_

Describe the accident \_\_\_\_\_

Type(s) of machinery involved \_\_\_\_\_

Name of person the accident was reported to \_\_\_\_\_

Have you seen a company doctor? ☐ Yes ☐ No

Are you currently receiving therapy or taking prescribed medications? ☐ Yes ☐ No

Names of medications \_\_\_\_\_

Has a worker's compensation file been opened? ☐ Yes ☐ No

OTHER ACCIDENT(S) \_\_\_\_\_

# PAIN DRAWING

TELL US WHERE YOU HURT

*Please read carefully:*

*Mark the areas on your body where you feel your pain. Include all affected areas. Mark areas of radiation. If your pain radiates, draw an arrow from where it starts to where it stops. Please extend the arrow as far as the pain travels. Use the appropriate symbol(s) listed below.*

Ache >>>>>

Numbness =====

Pins and Needles ooooo

Burning X X X X

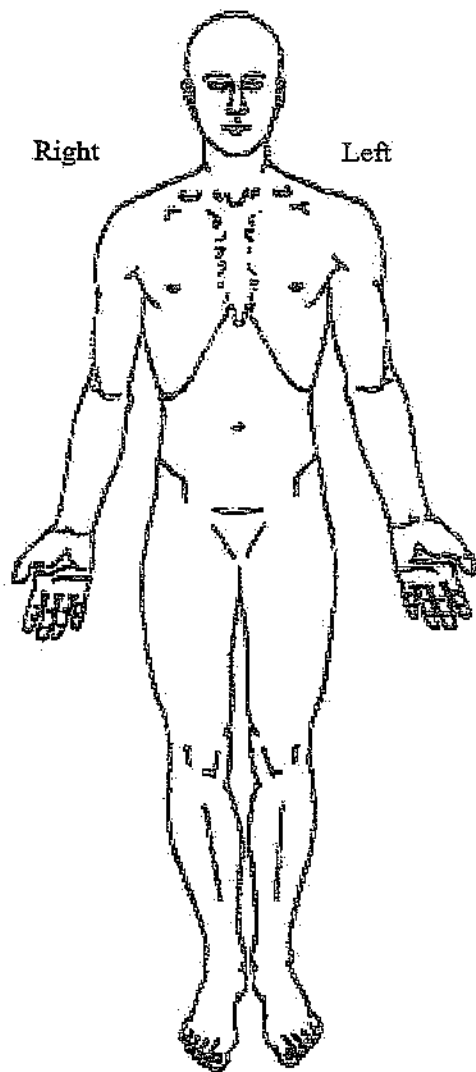
Sharp/Stabbing / / / /

Throbbing —————

FRONT

RIGHT

BACK

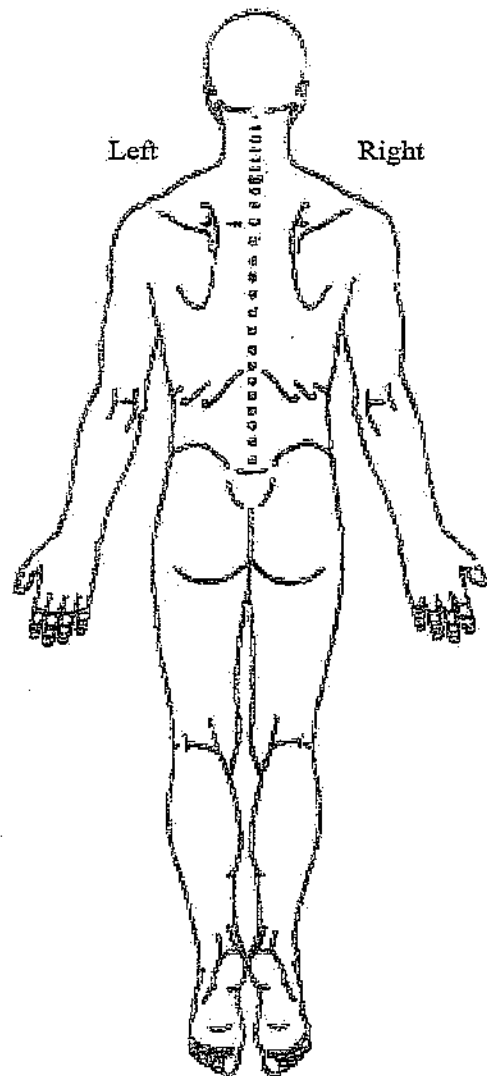


Right

Left



LEFT



Left

Right

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Patient's Name: \_\_\_\_\_

Date: \_\_\_\_\_

**PAIN DESCRIPTION**

Please rate your pain on a scale of (1) to (10), 1 indicating mild pain and 10 indicating severe pain.

Headaches	1 2 3 4 5 6 7 8 9 10	Low Back Pain	1 2 3 4 5 6 7 8 9 10
Neck Pain	1 2 3 4 5 6 7 8 9 10	Lt. Hip Pain	1 2 3 4 5 6 7 8 9 10
Lt. Arm/Shoulder/Elbow Pain	1 2 3 4 5 6 7 8 9 10	Rt. Hip Pain	1 2 3 4 5 6 7 8 9 10
Rt. Arm/Shoulder/Elbow Pain	1 2 3 4 5 6 7 8 9 10	Lt. Leg/Knee Pain	1 2 3 4 5 6 7 8 9 10
Lt. Wrist/Hand/Finger Pain	1 2 3 4 5 6 7 8 9 10	Rt. Leg/Knee Pain	1 2 3 4 5 6 7 8 9 10
Rt. Wrist/Hand/Finger Pain	1 2 3 4 5 6 7 8 9 10	Lt. Foot/Ankle/Toe Pain	1 2 3 4 5 6 7 8 9 10
Upper Back Pain	1 2 3 4 5 6 7 8 9 10	Rt. Foot/Ankle/Toe Pain	1 2 3 4 5 6 7 8 9 10
Midback Pain	1 2 3 4 5 6 7 8 9 10	Chest Pain	1 2 3 4 5 6 7 8 9 10
Stomach Pain	1 2 3 4 5 6 7 8 9 10	Shortness of Breath	1 2 3 4 5 6 7 8 9 10
Constipation	1 2 3 4 5 6 7 8 9 10	Dizziness	1 2 3 4 5 6 7 8 9 10
Diarrhea	1 2 3 4 5 6 7 8 9 10	Nervousness/Anxiety	1 2 3 4 5 6 7 8 9 10
Blurred Vision	1 2 3 4 5 6 7 8 9 10	Memory Loss	1 2 3 4 5 6 7 8 9 10
Ear Ringing	1 2 3 4 5 6 7 8 9 10	Depression/Sleep Disturbance	1 2 3 4 5 6 7 8 9 10

How condition occurred \_\_\_\_\_

Date of Onset \_\_\_\_\_ Sudden \_\_\_\_\_ Gradual \_\_\_\_\_ Accident \_\_\_\_\_ Auto \_\_\_\_\_ Work \_\_\_\_\_

- Frequency of complaint 10 20 30 40 50 60 70 80 90 100% of the time

Does pain radiate down arms or legs \_\_\_\_\_ Yes \_\_\_\_\_ No

Type of Pain Ache \_\_\_\_\_ Burning \_\_\_\_\_ Stabbing \_\_\_\_\_ Sharp \_\_\_\_\_ Dull \_\_\_\_\_ Deep \_\_\_\_\_ Stiffness \_\_\_\_\_

Pain irritated by \_\_\_\_\_

Pain relieved by \_\_\_\_\_

Previous care for the condition \_\_\_\_\_

Results of previous care \_\_\_\_\_

- Any prescription meds \_\_\_\_\_

Prior chiropractic care \_\_\_\_\_

- Do you feel your pain(s) is/are getting better or worse? \_\_\_\_\_

Are you most uncomfortable in the morning or evening? \_\_\_\_\_

Have you been able to work since pain began? \_\_\_\_\_ Yes \_\_\_\_\_ No

Complicating factors, previous family history, history of same or similar complaints: \_\_\_\_\_

Comments: \_\_\_\_\_

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_

# Review of Systems

Patient Name: \_\_\_\_\_

Patient File #: \_\_\_\_\_

Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**INSTRUCTIONS:** Please fill out all of the sections. If none of the conditions apply, select "None."

## Constitutional:

- ☐ None
- ☐ Chills
- ☐ Daytime Drowsiness
- ☐ Fatigue
- ☐ Fever
- ☐ Night Sweats
- ☐ Weight Gain
- ☐ Weight Loss

## Eyes/Vision:

- ☐ None
- ☐ Blindness
- ☐ Blurred Vision
- ☐ Cataracts
- ☐ Change in Vision
- ☐ Double Vision
- ☐ Eye Pain
- ☐ Field Cuts
- ☐ Glaucoma
- ☐ Itching (around the eyes)
- ☐ Photophobia
- ☐ Tearing
- ☐ Wears Glasses or Contacts

## Ears, Nose and Throat:

- ☐ None
- ☐ Bleeding
- ☐ Dental Implants
- ☐ Dentures
- ☐ Difficulty Swallowing
- ☐ Discharge
- ☐ Dizziness
- ☐ Ear Drainage
- ☐ Ear Infection(s)
- ☐ Ear Pain
- ☐ Fainting
- ☐ Headaches
- ☐ Head Injury (history of)
- ☐ Hearing Loss
- ☐ Hoarseness
- ☐ Loss of Smell
- ☐ Nasal Congestion
- ☐ Nose Bleeds
- ☐ Post Nasal Drip
- ☐ Rhinorrhea (runny nose)
- ☐ Sinus Infections
- ☐ Snoring
- ☐ Sore Throats
- ☐ Tinnitus (ringing in the ears)
- ☐ TMJ Disorder

## Cardiovascular:

- ☐ None
- ☐ Angina (chest pain or discomfort)
- ☐ Chest Pain
- ☐ Claudication (leg pain or achiness)
- ☐ Heart Murmur
- ☐ Heart Problems
- ☐ Orthopnea (difficulty breathing while lying)
- ☐ Palpitations (irregular or forceful heart beat)
- ☐ Paroxysmal Nocturnal Dyspnea (shortness of breath at night)
- ☐ Shortness of Breath
- ☐ Swelling of Leg(s)
- ☐ Ulcers
- ☐ Varicose Veins

## Gastrointestinal:

- ☐ None
- ☐ Abdominal Pain
- ☐ Belching
- ☐ Black, Tarry Stools
- ☐ Constipation
- ☐ Diarrhea
- ☐ Difficulty Swallowing
- ☐ Heartburn
- ☐ Hemorrhoids
- ☐ Indigestion
- ☐ Jaundice (yellowing of the skin)
- ☐ Nausea
- ☐ Rectal Bleeding
- ☐ Abnormal Stool Caliber (quality)
- ☐ Abnormal Stool Color
- ☐ Abnormal Stool Consistency
- ☐ Vomiting
- ☐ Vomiting Blood

## Respiration:

- ☐ None
- ☐ Asthma
- ☐ Coughing up blood
- ☐ Shortness of Breath
- ☐ Sputum Production
- ☐ Wheezing

## Endocrine:

- ☐ None
- ☐ Cold Intolerance
- ☐ Diabetes
- ☐ Excessive Appetite
- ☐ Excessive Hunger
- ☐ Excessive Thirst
- ☐ Frequent Urination
- ☐ Goiter
- ☐ Hair Loss
- ☐ Heat Intolerance
- ☐ Unusual Hair Growth
- ☐ Voice Changes

## Skin:

- ☐ None
- ☐ Changes in Nail Texture
- ☐ Changes in Skin Color
- ☐ Hair Growth
- ☐ Hair Loss
- ☐ Hives
- ☐ Itching
- ☐ Paresthesia (numbness, prickling, or tingling)
- ☐ Rash
- ☐ History of Skin Disorders
- ☐ Skin Lesions or Ulcers
- ☐ Varicosities

## Nervous System:

- ☐ None
- ☐ Dizziness
- ☐ Facial Weakness
- ☐ Headaches
- ☐ Limb Weakness
- ☐ Loss of Consciousness
- ☐ Loss of Memory
- ☐ Numbness
- ☐ Seizures
- ☐ Sleep Disturbance
- ☐ Slurred Speech
- ☐ Stress
- ☐ Strokes
- ☐ Tremors
- ☐ Unsteadiness of Gait

## Allergy:

- ☐ None
- ☐ Anaphylaxis (history of)
- ☐ Food Intolerance
- ☐ Itching
- ☐ Nasal Congestion
- ☐ Sneezing

## Hematology:

- ☐ None
- ☐ Anemia
- ☐ Bleeding
- ☐ Blood Clotting
- ☐ Blood Transfusion(s)
- ☐ Bruises easily
- ☐ Fatigue
- ☐ Lymph Node Swelling

## Psychological:

- ☐ None
- ☐ Anhedonia (inability to experience joy or enjoy life)
- ☐ Anxiety
- ☐ Appetite Changes
- ☐ Behavioral Change(s)
- ☐ Bipolar Disorder
- ☐ Confusion
- ☐ Convulsions
- ☐ Depression
- ☐ Insomnia
- ☐ Memory Loss
- ☐ Mood Change(s)

## Female:

- ☐ None
- ☐ Birth Control Therapy
- ☐ Breast Lumps / Pain
- ☐ Burning Urination
- ☐ Cramps
- ☐ Frequent Urination
- ☐ Hormone Therapy
- ☐ Irregular Menstruation
- ☐ Urine Retention
- ☐ Vaginal Bleeding
- ☐ Vaginal Discharge

## Male:

- ☐ None
- ☐ Burning Urination
- ☐ Erectile Dysfunction
- ☐ Frequent Urination
- ☐ Hesitancy or Dribbling
- ☐ Prostate Problems
- ☐ Urine Retention

Patient Signature: \_\_\_\_\_

## FOR OFFICE USE ONLY:

I have reviewed the above ROS with the above named patient:

\_\_\_\_\_  
Doctor Signature

\_\_\_\_\_  
Date